



**Carlatan, San Fernando City, La Union
COLLEGE OF NURSING**

PHILOSOPHY

We believe in student centered approach to education and management.

We believe in achieving a lot with limited resources by knowing what other institutions are doing, adopting or improving and using that can be applied to the College.

We believe that a strong continuing faculty and staff development program in the college is a vital component of the total effort to attain the main goal of the College.

We believe in the stability and strength as a base for achieving quality education, relevant to national means and development of the total person.

We believe above all that giving honor and glory to God in everything we do, is most important in all official activities of the college.

VISION

We envision Lorma Colleges as an excellent Christian Educational Institution with an International scope and reputation whose graduates reflect Christian values, professional competence and leadership skills relevant to national development.

MISSION

To empower students for service anywhere in the world through Christian inspired, quality driven, and service oriented, education and training.

INSTITUTIONAL OUTCOMES		INSTITUTIONAL GRADUATE ATTRIBUTES
LO1	Internalize the Christian values	GOD FEARING
LO2	Model the Christian values in their personal and professional lives.	
LO3	Generate ideas and insights utilizing appropriate judgment in decision making.	DECISION MAKER, CRITICAL AND CREATIVE THINKER
LO4	Utilize higher order thinking skills in decision making towards innovation and creating new technologies	
LO5	Apply innovative methods and new technologies to solve different problems and making decisions effectively	
LO6	Communicate effectively ideas or knowledge through listening, speaking, reading, writing using culturally appropriate language.	EFFECTIVE COMMUNICATOR
LO7	Imbibe the service-orientedness to oneself, to one's profession and towards the community.	SERVICE-DRIVEN CITIZEN
LO8	Commitment to continuously upgrade one's education through readings, seminars and trainings	REFLECTIVE LIFELONG LEARNER
LO9	Perform exceptional knowledge, skills and right attitude in accomplishing duties and responsibilities beyond acceptable standards.	COMPETENT PROFESSIONAL

NURSING PROGRAM OUTCOMES		INSTITUTIONAL OUTCOMES	VISION	MISSION	PHILOSOPHY
After 4 years, the Lorma graduate will:					
1	Execute professional and social competence in the fields of specialization in accordance to national and international standards. More specifically, the Lorma graduate will be able to:				
	1.1 apply knowledge of physical, social, natural and health sciences and humanities in the practice of nursing;	I01; I09	✓	✓	✓
	1.2 provide safe, appropriate, and holistic care to individuals, families, population group and community utilizing nursing process;	I03; I04; I07; I09	✓	✓	✓
	1.3 apply guidelines and principles of evidence-based practice in the delivery of care;	I05; I08; I09	✓	✓	✓
	1.4 communicate effectively in speaking writing and presenting using culturally appropriate language;	I06	✓	✓	✓
	1.5 document to include reporting up-to-date client care accurately and comprehensively;	I09	✓	✓	✓
	1.6 work effectively in collaboration with inter, intra, and multi-disciplinary and multi-cultural teams;	I05; I09	✓	✓	✓
	1.7 practice beginning management and leadership skills in the delivery of client care using a systems approach;	I05	✓	✓	✓
	1.8 conduct research with an experienced researcher; and	I05; I09	✓	✓	✓
	1.9 apply techno-intelligent care systems and processes in health care delivery.	I04; I05; I09	✓	✓	✓

2	Develop high level of comprehension for decision-making and critical thinking through continuous educational advancement necessary to personal and professional empowerment. In particular, the Lorma graduate will be able to:				
	2.1 engage in lifelong learning with a passion to keep current with national and global developments in general, and nursing and health developments in particular; and	IO3; IO4; IO8	✓	✓	✓
	2.2 apply entrepreneurial skills in the delivery of nursing care.	IO4; IO5	✓	✓	✓
3	Exemplify Cristian values, legal, and ethico-moral principles in serving individual clientele in various cross-cultural settings. Purposely, the Lorma graduate will be able to:				
	3.1 practice nursing in accordance with existing laws, legal, ethical, and moral principles;	IO1; IO2	✓	✓	✓
	3.2 demonstrate responsible citizenship and pride of being a Lorma graduate; and	IO2	✓	✓	✓
	3.3 adopt the nursing core values in the practice of the profession.	IO1; IO2; IO9	✓	✓	✓

COURSE SYLLABUS

1. **COURSE CODE** : NCM 114
2. **COURSE TITLE** : **CARE FOR THE OLDER ADULT**
3. **PRE – REQUISITE** : NCM103
4. **COURSE CREDIT** : 2 units Lecture (36hours) / 1-unit RLE (51 hours)
5. **CONTACT HOURS/SEMESTER** : 36 hours
2 hours per week
6. **COURSE DESCRIPTION** : This course deals with concepts, principles, theories and techniques in the care of the older adults. The concepts introduced about aging which will be used in understanding what this specific life stages means - primarily as a macro- concept. Its Emphasis is on the foundations of healthy aging, fundamentals of caring, coping with chronic disorders in late life as well as caring for older adults and their caregivers. Content also includes the developmental, physiological, and psychological changes of the older adult regarding health promotion, maintenance, and restoration. Comprehensive Geriatric Assessment, decision-making, appropriate nursing interventions and dimensions of quality health care and quality standards for Health Provider Organizations. The course may include cases with Chronic illnesses like dealing with pain and comfort, diseases affecting vision and hearing, metabolic disorders, bone and joint problems, cardiovascular, pulmonary, renal, neurologic, cognitive impairment, mental health, and multisystem alterations affecting the older person. The course will emphasize the application of knowledge, skills, and attitudes within a legal and ethical framework thus the learners are expected to perform holistic nursing care of the older persons in wellness and chronic illness utilizing the nursing process.

7. LEVEL OUTCOMES AND RELATIONSHIP TO PROGRAM OUTCOMES

LEVEL 3 OUTCOMES		NURSING PROGRAM OUTCOMES		
At the end of the third year, given individuals, families, population groups, with physiologic and psychosocial and psychosocial health problems and maladaptive patterns of behavior in varied health care settings, the learners demonstrate safe, appropriate and holistic care utilizing the nursing process and applying research and evidenced-based practice with minimal supervision, the student will:		1	2	3
1	apply knowledge of physical, social natural and health sciences and humanities in the care of older adults.	✓	✓	✓
2	utilize the nursing process in providing safe, humane, appropriate and holistic care to older adults		✓	✓
3	Apply guidelines and principles and justify the value of evidence-based practice in nursing	✓	✓	✓
4	practice nursing in accordance with existing laws, and apply ethico-legal and moral principles in the care of older adults.	✓	✓	✓
5	communicate effectively in writing, speaking, and presenting using culturally appropriate language.in the care of older adults		✓	✓
6	document care of the older adult accurately and comprehensively	✓	✓	✓
7	worked effectively in collaboration with inter-, intra-, and multi-disciplinary and multi- cultural teams in the care of the older adult.	✓	✓	✓
8	Practice beginning management and leadership skill in the care of the older adults using a systematic approach	✓	✓	✓
9	conduct research with an experienced researcher	✓	✓	✓
10	engaged in lifelong learning with a passion to keep current with national and global health developments in general and nursing and other relevant theories in particular	✓	✓	✓
11.	Demonstrate responsible citizenship and pride of as a Filipino	✓	✓	✓
12	apply techno – intelligent care systems and processes related to the care of older adults	✓	✓	✓
13	adopt the nursing core values in the practice of gerontology nursing	✓	✓	✓
14	Apply entrepreneurial skills in the delivery of nursing care	✓	✓	✓

9. COURSE OUTCOMES AND RELATIONSHIP TO LEVEL OUTCOMES

Course Outcomes		Level 3 Outcomes													
At the end of the course, given relevant situations, student nurse will function independently in collaboration by the nurse and others in varied health care settings thus the student will be able to:		1	2	3	4	5	6	7	8	9	10	11	12	13	14
1	Embody the different policies, rules and regulations in their everyday encounter in the school, hospitals and in the community														
2	Comprehend and explain the different definition of terms														
3	Know the statistics, and describe trends seen in the global aging														

	population today														
4	Apply appropriate nursing concepts and actions holistically and comprehensively	I	I	I	I	I	I	I	I	I	I	I	I	I	I
5	Comprehend the history and historical development of gerontology nursing	I	I	I	I	I	I	I	I	I	I	I	I	I	I
6	Familiarize policies and appropriate standards of care given to older adults	I	I	I	I	I	I	I	I	I	I	I	I	I	I
7	Ensure a working relationship with older adults based on trust, respect and shared decision making by communicating effectively	D	D	D	D	D	D	D	D	D	D	D	D	D	D
8	Identify and understand the physiologic changes affecting various system	I	I	I	I	I	I	I	I	I	I	I	I	I	I
9	Maintain a harmonious relationship among members of the health care team for effective, efficient and safe care of the older adults	D	D	D	D	D	D	D	D	D	D	D	D	D	D
10	Identify the different theories, and understand essential components in successful aging	P	P	P	P	P	P	P	P	P	P	P	P	P	P
11	Assess with older adult client using the Comprehensive Geriatric Assessment and identify the 12 Core Domains	P	P	P	P	P	P	P	P	P	P	P	P	P	P
12	Formulate a plan of care and address the identified health conditions, needs and issues based on priorities	I	I	I	I	I	I	I	I	I	I	I	I	I	I
13	Institute appropriate corrective actions to prevent or minimize harms and injury and allow independence	I	I	I	I	I	I	I	I	I	I	I	I	I	I
14	Identify coping mechanisms and stress relievers for older adults	D	D	D	D	D	D	D	D	D	D	D	D	D	D
15	Discuss specific assessment focus, management and interventions for selected cognitive impairment such as Alzheimer's, Dementia and Delirium	D	D	D	D	D	D	D	D	D	D	D	D	D	D
16	Discuss the care management of the frail and Sarcopenic older persons	P	P	P	P	P	P	P	P	P	P	P	P	P	P
17	Understand the directions of Care for polypharmacy and identify the effects of common used medication by older adult	D	D	D	D	D	D	D	D	D	D	D	D	D	D
18	Identify issues and trends and dilemma of long - term care	I	I	I	I	I	I	I	I	I	I	I	I	I	I
19	Identify the dimensions of elder abuse, mistreated and neglect in the care	P	P	P	P	P	P	P	P	P	P	P	P	P	P
20	Protect client's rights based on the Bills of Rights and obligations affecting older adults	P	P	P	P	P	P	P	P	P	P	P	P	P	P

21	Implement strategies, policies related to Informed Consent as it applies to care of the older adults														
22	Practice nursing in accordance with existing laws, legal, ethical and moral principle in the care of older adults														
23	Adhere to ethico – legal considerations when providing safe and quality nursing care of older adults														
24	Understand the importance of Research Needs and the evidence – based interventions and be able to conduct research with experienced researcher														
25	Engage in advocacy activities/ programs relevant to the care of the Older Adult to influence health and social care services and access to health care														
26	Identify and understand the use of appropriate technologies to perform safe and efficient health care														
27	Comprehend trends, the continuum of care of geriatric care and predictions for the future gerontology nursing														
28	Identify opportunities for Nursing practice and apply strategic interventions to address health related concerns of older adults														
29	Document health care services rendered accurately and comprehensively ensuring completeness, integrity and security of information of older adults														

Legend: I – Introduced; P – Performed/Practiced with supervision; D – Demonstrated

10. COURSE COVERAGE

Week	Day	CLASSROOM Topics	RLE Clinical Focus	Learning Resources	Teaching-Learning Strategies	Assessment Tasks	Course Outcomes
					LOLS- Lorma Colleges of Nursing Online Learning System 30 mins -Synchronous Sessions 1.5 hours Asynchronous Sessions		
1	1	Re-orientation to the school policies rules and regulations Part I Concepts, Principles and Theories		Student Handbook and other school mandates. pg. 8-20 Gerontological Nursing and Healthy Aging, 4 th Edition, 2014	Creative Self- introduction Course expectation Class Lecture and Interactive discussion using	Individual sharing about oneself. Making house rules Open Forum	CO1

		<p>in the Care of the Older Adult</p> <p>A. Perspective on Aging</p> <ol style="list-style-type: none"> 1. Definition of Terms: <ul style="list-style-type: none"> ➤ Aging ➤ Ageism ➤ Geriatrics: ➤ Gerontology ➤ Gerontologic/geriatric nursing 2. Aging is a development process 		<p>By: Toughy and Jett p.1 Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel p. 4-8</p>	<p>Google Classroom (GCR) / Zoom Meeting</p> <p>Brainstorming</p>	<p>Rubric's assessment on class interactive-discussion</p> <p>Pre- Quiz using testmoz.com as format</p>	CO2
	2	<p>B. Demography of Aging and its implications for Health and Nursing care</p> <ol style="list-style-type: none"> 1. Objectives 2. Global Aging 3. Aging in the Philippines 4. Demographics of Aging 5. Implications of the Demographics of aging 6. Causes of Aging <p>C. Impact of Aging Members in the Family</p>		<p>Gerontological Nursing and Healthy Aging, 4th Edition, 2014 By: Toughy and Jett p. 2-3, p.13-22 Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel p.4, 417 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3427733/</p>	<p>Research work 2 students per group</p> <p>Fishball</p>	<p>Rubric's assessment on Research work</p> <p>Passing of output on Research activity</p>	CO3 CO4,
2	1	<p>Part 2</p> <p>The Process of Aging(Development Aspects of Aging)</p> <p>A. Developmental task</p> <p>B. Theories of Aging</p> <ol style="list-style-type: none"> 1. Theories and its Nursing Implications 2. Biological Theories <p>a. Biological and</p>	<p>Review on the Developmental Milestone of Older Adults</p>	<p>Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel p. 49-55, 66-109</p>	<p>Interactive Discussion on Theories:</p> <p>Lecture Discussion using Google Classroom / Zoom</p> <p>Brainstorming</p>	<p>Graded recitation</p> <p>Multiple Choice /via testmoz</p> <p>Quiz via testmoz</p>	CO4 CO10

		<p>Physiological</p> <p>b. Physical Changes that accompany aging</p> <p>c. Understanding Stories of Life Transition</p>			Aesthetic Picture	<p>Rubrics Assessment on the Aesthetic Project</p> <p>Passing of Output</p>	
	2	<p>3. Sociological Theories of Aging</p> <p>a. Social Dimension</p> <p>b. Social Roles</p> <p>4. Psychosocial Theories of Aging</p> <p>5. Psychological Theories of Aging</p> <p>a. Types of Aging</p> <p>C. Factors That affect normal functioning of the older adult</p>		<p>Gerontological Nursing and Healthy Aging 4th Edition, 2014</p> <p>By: Toughy and Jett</p> <p>p. 55-57, p. 73- 83 , p. 83-89, p. 309-319</p> <p>Kozier and Erb’s Fundamentals of Nursing, 8th Edition Vol. 1</p> <p>By: Kozier et al</p> <p>p.416</p>	Reading Assignment		<p>CO10</p> <p>CO7</p>
3	1	<p>Part 3</p> <p>Geriatric Health care team</p> <p>A. Foundations of Aging</p> <p>1. History Gerontology Nursing / Historical Development</p> <p>3. The Gerontology Nursing Care Team</p> <p>a. Gerontologist/ Geriatricians</p> <p>b. Nurse gerontologist</p> <p>c. Occupational Therapist</p>		<p>Gerontology Nursing Care for Older adults, Thompson Asian Edition</p> <p>By: Mildred O. Hogstel</p> <p>p. 4-8,</p> <p>Gerontological Nursing and Healthy Aging 4th Edition, 2014</p> <p>By: Toughy and Jett</p> <p>p. 11- 22</p>	<p>Interactive Discussion via GCR/Zoom</p> <p>Lecture Discussion Using GCR /Zoom /ClassIn (New Platform introduced)</p> <p>Role Play</p>	<p>Grade Recitation</p> <p>Rubric’s on Role Play</p> <p>Passing of Pictures of equipment use by Health</p>	<p>CO4,</p> <p>CO9</p>

		d. Physical Therapist e. Speech Therapist Nursing Interdisciplinary Care Conference Team				care Team	
	2	4. Aim of Gerontology Care 5. Specialty Roles, Qualifications, Functions and Responsibilities of Gerontology Nurses		Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel p. 18-23			
4	1	Part 4 Physiologic Changes. in Aging Affecting Various System A. Characteristics 1. Integumentary 2. Musculo- skeletal 3. Respiratory		Brunner and Suddarth's Textbook of Medical – Surgical Nursing 12 th Edition 2010 p. 41- 73, 486, 684, 978, 1292, 1830	Concept Mapping/ Topic/ group Interview /interactive discussion(group)	Rubrics on Concept map/ Interview Submission of Output Quiz /via - testmoz.com	CO8
	2	4. Cardiovascular 5. Hematopoietic and Lymphatic 6. Gastrointestinal 7. Urinary		Gerontological Nursing and Healthy Aging 4 th Edition, 2014 By: Toughy and Jett p. 271-275, 281-287			
5	1	8. Nervous 9. Special Senses 10. Endocrine 11. Reproductive		By: Toughy and Jett p.296-297			
	2	Part 5 Nursing Care of the Older Adults in Wellness (The Nursing Process) A. Comprehensive Geriatric Assessment 1. Subjective Data	Nursing Assessment: Physical, Emotional, Psychological and Social aspects with Older Adults	Gerontological Nursing and Healthy Aging 4 th Edition, 2014 By: Toughy and Jett p.92-96	Interviews to the Older adults (interview guide)/Group Sharing of outputs and experiences in the interview	Rubrics on Interview Submission of Output	CO11

		a. Nursing History b. Functional Health Patterns					
6	1	2. Objective Data a. Psychological Assessment b. Physical Assessment c. Comprehensive Physical Assessment of Frail and Medically Complex Elderly					
PRELIMINARY EXAMINATION							
7	1	B. Planning for Health Promotion, Health Maintenance and Home Health Consideration 1. Planning for Successful Aging a. Essential components for a successful Aging Important Activities for Older Adult	Identify Exercises for Older Adults able to do activities/ with disabilities	Gerontological Nursing and Healthy Aging 4 th Edition, 2014 By: Toughy and Jett p.309 -316	Flipped video presentation	Rubrics on flipped Quiz via Testmoz	CO12
	2	2. Home Health Care a. History of Home Health Care b. Living Arrangement e.g.: Assisted Living c. Directions and management in Transition Care and Referrals 3. Community -based Services 4. Special Care Units Geriatric Units	Community visit and /or to DSWD interview to Town Representative Re-alignment	Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel p. 131-148, p.415,417	Interview in their own town if there are shelters or home for Elderly Interactive Discussion using Zoom/GCR/ Class In	Rubrics for Interview	
8	1	Part 6 C. Implementation 1. Physical Care of the Older	Demonstration on Activity and Exercises for Older adults on	Gerontology Nursing and Healthy Aging 4 th Edition, 2014 By: Toughy and Jett	Lecture Discussion via GCR / Zoom Gallery Walk/group	Rubrics on Gallery walk	CO12

		<p>Adults</p> <ul style="list-style-type: none"> a. Aging and Mucous Membranes b. Nutrition and Hydration c. Elimination <p>Activity and Exercise</p>	Functioning (Performance Checklist)	p. 127-140, 151-162, p. 169-177, 182- 191		Submission of Output	
	2	<ul style="list-style-type: none"> d. Rest and Sleep e. Safety f. Health Education for Patients and Family in Common areas g. Nursing Interventions for specific problems of older adults h. Creating an Age-Friendly Environment and Preventions of Falls 	Aligned with CHN Duty (Health Teachings)	By: Toughy and Jett p.196-217 Kozier and Erb's Fundamentals of Nursing(Concepts, Process and Practice) 2011, 9 th Edition Vol.1 p. 405-422 www.ocagingservicescollaborative.org	Gallery Walk/group Lecture Discussion vis GCR/Zoom	Rubrics on Lecture Discussion Quiz via testmoz.com	CO13
9	1	<p>2. Psycho – social care of Older Adults</p> <ul style="list-style-type: none"> a. Cognition and Perception - 5 Attitude Therapy b. Engagement with Life c. Perception and Self – Concept 	Identification of attitude therapy appropriate for individual client (RLE)	Gerontological Nursing and Healthy Aging 4 th Edition, 2014 By: Toughy and Jett p.391	Interactive Discussion using GCR/Zoom Lecture using GCR Brainstorming	Quiz – Via Testmoz.com Download videos for NPI patient /nurse identify what type of attitude therapy being applied	CO17, CO22
	2	<ul style="list-style-type: none"> d. Coping and Stress e. Values and beliefs f. Sexuality in Aging 					CO23, CO25
10	1.	Part 7 Nursing Care of the Older Adult in	Amnesia, confusion, anterograde amnesia/	Gerontology Nursing Care of the Older Adult, Thompson	Interactive Discussion via Zoom/ GCR	Rubrics for Interactive	CO14

		<p>Chronic Illness</p> <p>A. Definition of Chronic Illness</p> <p>B. Effects Of Chronic Illness, Health Status and Quality of Life</p> <p>C. Most common chronic illnesses in the older age group</p> <p>D. Disturbance in Sensory Perception Neurologic Disorders</p>	<p>retro grade amnesia</p> <p>Je nais- vou confabulation</p>	<p>Asian Edition</p> <p>By: Mildred O. Hogstel</p> <p>p. 317-320</p> <p>Gerontological Nursing and Healthy Aging 4th Edition, 2014</p> <p>By: Toughy and Jett</p> <p>p.296</p>	<p>Lecture discussion via GCR / Zoom</p> <p>Brainstorming</p>	<p>Discussion</p> <p>Quiz in testmoz.com format</p>	
	2	<p>E. Cognitive Impairment</p> <p>a. Alzheimer’s</p> <p>b. Dementia</p> <p>c. Delirium</p> <p>d. Directions of care</p>	<p>Handle Patients with Chronic illnesses In Affiliating Institution</p> <p>Virtual Assessment – Use of CGA and MMSE, Depression Scale and Health Assessment with the different system.</p>	<p>Gerontological Nursing and Healthy Aging 4th Edition, 2014</p> <p>By: Toughy and Jett</p> <p>p. 223-330,</p> <p>Psychiatric Mental health Nursing Practice</p> <p>By: Louise Rebraca Shives</p> <p>Student Guide 2011 Edition</p> <p>Psychiatric Manual, CON Lorma Colleges</p> <p>Psychiatric Mental health Nursing Practice</p> <p>By: Sheila Videbeck</p>	<p>Case Analysis</p>	<p>Write up Reflection</p>	CO15
11	1	<p>F. Mental Disorders</p> <p>a. Factors influencing Mental Health care</p> <p>b. Psychiatric Symptoms</p> <p>c. Depression</p> <p>d. Suicide</p> <p>e. Substance Abuse</p>		<p>Gerontology Nursing Care of the Older Adult, Thompson</p> <p>Asian Edition</p> <p>By: Mildred O. Hogstel</p> <p>p. 367-377</p> <p>Gerontological Nursing and Healthy Aging 4th Edition, 2014</p> <p>By: Toughy and Jett</p>	<p>Interactive Discussion via GCR</p> <p>Lecture through GCR/Zoom</p> <p>Brainstorming</p> <p>Role play (Video)</p>	<p>Quiz via testmoz.com</p>	CO24

				p.337 Psychiatric Mental health Nursing Practice By: Louise Rebraca Shives Psychiatric Mental health Nursing Practice By: Sheila Videbeck Student Guide 2011 Edition Psychiatric Manual, CON Lorma Colleges			
	2	G. Coping Chronic Disorders in Late Life a. Living with Chronic Illness b. Pain and Comfort H. Care for Frailty and Sarcopenia	Review on Coping	Gerontological Nursing and Healthy Aging 4 th Edition, 2014 Toughy and Jett, 4 th Edition 2014 p. 223-235	Lecture Discussion via GCR/Zoom or Class In Minute Paper	Graded Recitation Submission of output	CO16
12	1	Part 8 Core Elements of Evidence- Bases Gerontological Nursing Practice A. Standards B. Competencies		Fundamentals of Nursing - E-Book By Patricia A. Potter, Anne Griffin Perry, Patricia Stockert, Amy Hall	Assignment Buzz group (divide groups into 4-5)	Checking of Notebook of Output Sharing of Research work	CO6
MIDTERM EXAMINATION							
	1	C. Promoting Compassionate Care for powerlessness, Hopelessness and Spiritual distress D. Principles, current trends, and Issues		Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel p.529	Reading Assignment		CO3 4
	2	Part 7 Ethico – Legal Considerations in the		Gerontology Nursing Care for Older adults, Thompson Asian	Case Analysis	Rubrics on Case Analysis	CO6, CO21, CO22, CO23

		<p>Care of Older adults</p> <p>A. Laws affecting Senior Citizens / Older persons</p> <ol style="list-style-type: none"> 1. RA 7432; RA 9257, RA 9994 2. Economic and Legal Issues 3. Elder Mistreated and Neglect 		<p>Edition</p> <p>By: Mildred O. Hogstel</p> <p>p.525</p> <p>https://www.pcw.gov.ph/law/republic-act-7432</p> <p>https://www.officialgazette.gov.ph/2004/02/06/republic-act-no-9257/</p> <p>https://www.officialgazette.gov.ph/2010/02/15/republic-act-no-9994/</p> <p>Gerontological Nursing and Healthy Aging 4th Edition, 2014</p> <p>By: Toughy and Jett</p> <p>p.370</p>	<p>Video presentation</p> <p>https://www.youtube.com/watch?v=nYrpNJMapNU</p> <p>https://www.youtube.com/watch?v=P8IEOLAAU6U</p>	<p>Passing of output</p> <p>Reaction Paper</p> <p>Passing of output</p>	<p>CO1 9</p>
	1	<p>B. Medications of Older Adults</p> <ol style="list-style-type: none"> 1. Directions of care for Polypharmacy, Prescription and Pharmacodynamic Principles <ol style="list-style-type: none"> a. Drug Interaction b. Effects of Common Medication used by older adults C. Long - Term care <ol style="list-style-type: none"> a. Dilemma D. Hospice and Palliative care <ol style="list-style-type: none"> a. History of Hospice and Evolution of Palliative care b. Myths of Aging 	<p>Review Concepts in Pharmacology for older adults</p>	<p>Gerontological Nursing and Healthy Aging 4th Edition, 2014</p> <p>By: Toughy and Jett</p> <p>p.106</p> <p>Gerontology Nursing Care for Older adults, Thompson Asian Edition</p> <p>By: Mildred O. Hogstel</p> <p>p.345</p> <p>Nurse to Nurse Palliative Care, Expert Interventions Copyright 2009 Mc Graw Hill Companies, Author: Margaret L. Campbell</p>	<p>Interactive Discussion via GCR /Zoom</p> <p>Lecture using Google Classroom/Zoom or Class In</p> <p>Brainstorming</p> <p>Video Presentation on Palliative care</p>	<p>Reaction Paper on the pros and cons of polypharmacy</p> <p>Submission of Critique Paper (Response Paper)</p>	<p>CO17,</p>

				<p>p.6-10</p> <p>https://www.fellowshipsquareseniorliving.org/fellowship-square-blog/posts/2017/10/9/10-myths-about-aging/</p> <p>Gerontological Nursing and Healthy Aging 4th Edition, 2014 By: Toughy and Jett p.30 -32p.404</p> <p>Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel p.385</p>		Submission of output	
	2	<p>c. Care services</p> <p>d. Factors Influencing Negative Feeling about Hospice and Palliative Nursing Interventions</p> <p>e. Palliative Care Benefits to Patient</p> <p>Advanced Directives/ DNR care</p>		<p>Nurse to Nurse Palliative Care, Expert Interventions Copyright 2009 Mc Graw Hill Companies, Author: Margaret L. Campbell p.6-10</p> <p>Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel p.441-446</p>	<p>Interactive Discussion via GCR / Zoom</p> <p>GCR /Zoom or Line Lecture</p> <p>Case Analysis</p>	<p>Rubrics on Interactive Discussion/ Lecture and Brainstorming</p> <p>Quiz via testmoz.com</p>	<p>CO21,</p> <p>CO22;</p> <p>CO2 3</p>
	1	<p>E. Directions and Management in Palliative Care and End of Life</p> <p>a. End of life decisions</p> <p>b. The PSDA</p>		<p>Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel p.447-448, p. 545,552</p>	<p>Interactive Discussion using GCR/ Zoom</p> <p>Video presentation</p>	<p>Rubrics on Interactive discussion Reaction Paper</p>	<p>CO1 9, CO2 0, CO2</p>

		F. Spirituality Among Older Persons G. Ethical Dilemmas		Gerontology Nursing and Healthy Aging 4 th Edition, 2014 By: Toughy and Jett p.77 Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel p. 122, p.527	https://www.youtube.com/watch?v=zq2Oz9orVaE https://www.youtube.com/watch?v=5F4L2jlyxc Case Analysis	Rubrics - Case Analysis Passing of Output	1
	2	Part 8 Communicating with Older Persons a. Information Sharing b. Formal or Therapeutic Communication c. Informal or Social Communication d. Non – Verbal Communication e. Acceptance, Dignity and Respect in Communication.		Modules on University of Manila Open University Authors: Letty G. Kuan ,et al Kosier and Erb’s Fundamentals of Nursing 9th Edition 2011 By: Kozier et al p.476-483	Lecture Discussion via GCR Think, Pair / Share .	Rubrics on Think, Pair/ Share Quiz: via testmoz.com	CO1 1
	1	e. Barriers to Communication f. Skills and Techniques g. Physical and Emotional Changes h. Techniques in Communicating with older persons		https://www.skillsyouneed.com/ips/barriers-communication.html https://www.psychologytoday.com/us/blog/communication-success/201411/how-communicate-effectively-older-adults https://www.wikihow.com/Communicate-With-Older-Adults			
	2	Part 9		Gerontology Nursing Care for Older adults, Thompson Asian	Research Work	Rubrics on Lecture	CO27

		The Future A. Evolving Demographics B. Continuum of care C. Predictions for the future D. Gerontology Nursing: where to go from here		Edition By: Mildred O. Hogstel pp.575-588	Lecture Discussion through GCR / Zoom	Discussion Quiz Essay	
	1	E. Research Needs 1. Research Agenda on Aging 2. National: NIH Publication – 2030 problems on Caring for aging Baby Boomers 3. International: UN Program on Aging 4. Other Current Research on Aging		Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel p.585 Study: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1464018/ google.com	Reading Assignment Research work	Sharing / of ideas and reaction Passing of Output Rubric on Research work Passing of output	CO7 , CO2 4
	2	F. Trends, Issues and Challenges on the Care of the Older adults a. Home care b. Hospice facilities c. Drop – in / Day care Centers d. Retirement Living / Home / Village G. Evidenced – Based Interventions on the Care of Older Adults		Gerontology Nursing Care for Older adults, Thompson Asian Edition By: Mildred O. Hogstel Pp. 409- 438, 441	Think, Pair / Share	Reaction Paper	CO18
	1	Part 10 1. Advocacy Programs Relevant to the Care of Older Person	Communication with Health agency for Telehealth A Day Seminar with Telehealth Coordinator	https://books.google.com.ph/books?id=0MFVDwAAQBAJ&pg=PA60&dq=C.%09Telehealth++and+the+Older+person&hl=en&sa=X&ved=0ahUKEwj7t6msuP3	Promotion of Students advocacy Relevant to the Care of Older Person (per Group)	Passing of Output	CO25, CO28

	<p>A. Support Services and Advocacy of Older Person B. Mental Health Programs C. Telehealth and the Older person</p> <p>2. Entrepreneurial Opportunities</p> <p>A. Home Health agencies B. Visiting Health Agencies</p> <p>3. Guidelines for Effective Documentation</p> <p>A. Privacy and Accountability Methods and Formats</p>	<p>at LMC</p> <p>Applications of Various Occupational Therapy and Therapeutic Modalities in Skills Lab</p>	<p>oAhUPwosBHd0wDf8Q6AEIJzA A#v=onpage&q=C.%09Telehealth%20%20and%20the%20Older%20person&f=false</p> <p>https://books.google.com.ph/books?id=VfPCDwAAQBAJ&pg=PA121&dq=Entrepreneurial++Opportunities+for+Older+adults&hl=en&sa=X&ved=0ahUKEwjmyNGiuf3oAhULGqYKHZuuCpQQ6AEILzAB#v=onpage&q=Entrepreneurial%20%20Opportunities%20for%20Older%20adults&f=false</p> <p>Gerontological Nursing and Healthy Aging 4th Edition, 2014 By: Toughy and Jett 88-101</p>	<p>Interview to Health institution</p> <p>Research work</p> <p>Development of Questionnaires or checklists/survey form</p> <p>Lecture Discussion via GCR</p>	<p>Sharing of results of Interview</p> <p>Quiz - via testmoz.com</p>	<p>, CO28 CO29</p>
FINAL EXAMINATION						

Note: All major examinations and majority of evaluations will be through testmoz.com, an online quiz platform

11. TEXTBOOK

1. Gerontology Nursing and Healthy Aging 4th Edition. 2014 Authors: Touhy and Jett
2. Gerontology Nursing care for the Older Adult, Thompson Asian Edition. Author: Mildred O. Hogstel
3. Brunner and Suddarth's Textbook of Medical surgical Nursing 12th Ed. 2010, Lippincott Williams &Wilkins. Authors: Smeltzer et al
4. Koziar and Erb's Fundamentals of Nursing (Concepts, Process and Practice) 9th Edition 2011 .
5. Psychiatric Mental health Nursing Practice, Student Guide 2011 Edition Psychiatric Manual, CON Lorma Colleges Author: Louise Rebraca Shives
6. Psychiatric Mental health Nursing Practice, Author: Sheila Videbeck
7. Psychiatric Mental health Nursing Practice, Author: Louise Rebraca Shives

12. SUGGESTED READINGS AND REFERENCES

1. eBook:Internet, <http://bhingkeyz.com/nursing-stuff/nursing-books/>
2. ebook-Visual_Sharp_Brain_Guide.pdf
3. **Basic Geriatric Nursing - E-Book** By Patricia A Williams, RN Msn Ccrn
4. <http://www.hk5sa.com/tqm/tqmex/qcc.htm>
5. Critical Care Nursing of Elderly 2nd Ed. 2001 Springes series on Geriatric Nursing. Authors: Fulner et al
6. Medical-Surgical Nursing –Concepts and Clinical Application (A reference book and Study Guide) First Edition . Author: Josie Quiambao-Udan, RN, MAN
7. Matteson & McConnell’s Gerontological Nursing Concepts and Practice 3rd Ed. 2007 Saunders Elsevier. Authors: Adrienne dill Linton, Helen Lach
8. Medical Surgical Nursing (Clinical Management for Positive Outcomes) 8th Edition 2005 by Joyce M. Black and Jane Hokanson Hawks
9. RN Adult Medical Surgical Nursing 8th edition Review Module 2011,ATI Nursing Education, Authors:Audrey Knippa, MS, MPH, RN, et al.
10. <http://www.aacn.org/wd/publishing/content/pressroom/aboutcriticalcarenursing.pcms?menu=>
11. Comprehensive Geriatric Assessment <http://www.ncbi.nlm.nih.gov/books/NBK13029/>, Holland-Frei Cancer Medicine. 6th edition. Arti Hurria, MD, Hyman B. Muss, MD, and Harvey J. Cohen, MD.
12. Nurse to Nurse Palliative Care, Expert Interventions Copyright 2009 Mc Graw Hill Companies, Author: Margaret L. Campbell
13. Gerontologic Nursing 3rd Ed. 2007, Mosby Elsevier. Authors: by Meines and Lueckenotte
14. <https://www.skillsyouneed.com/ips/barriers-communication.html>
15. <https://www.psychologytoday.com/us/blog/communication-success/201411/how-communicate-effectively-older-adults>
16. <https://www.wikihow.com/Communicate-With-Older-Adults>

13. COURSE EVALUATION

COURSE REQUIREMENT (Lecture Component)	Total Weight (%)
A. Term Grade (i.e. Prelim, Midterm, Final)	
1. Class Standing	66.67%
<ul style="list-style-type: none"> • Attendance (5%)- 6/6 attendance for synchronous sessions/term • Recitation and Other Assessment Tasks (15%) Note: 1) For recitation, 5 standard points will be given to each student, increment of 1 for every correct answer made (10 points maximum). 2) For other assessment tasks, see Appendix A. • Quizzes (46.67%) T. Formula = $\frac{\text{Total Score}}{\text{Total \# of Items}} \times 60\% + 40\%$ 	(2/3) 5% 15% 46.67%
2. Term Examination	33.33% (1/3)
TOTAL	100%
A. Final Grade	

1. Prelims	30%
2. Midterms	30%
3. Finals	40%
TOTAL	100%
B. Semestral Grade	
Final Grade	80%
Comprehensive Exam.	20%
NOTE: For professional nursing subjects the semestral grade is computed as follows:	
<ul style="list-style-type: none"> • 80% of the Tentative Final Grade (Prelim + Midterm + Final) + 20% of the Comprehensive Exam. 	

14. CLASSROOM POLICIES

A. Professional Decorum (pg.15)

Student of Lorma Colleges – College of Nursing are expected to behave properly at all times especially if in the school premises. The guidelines are as follows:

1. Courteously knock on every door before entering any room, wait for acknowledgement then introduce self.
2. Maintain a moderate tone voice anywhere especially along the corridors, classrooms, and patient's room.
3. Greet patients, relatives, teachers, employees, and peers as you meet them.
4. Friendliness is encouraged but always maintains professionalism since too much familiarity may compromise the respect for each other.
5. Confidentiality on patient's information should be observed.
6. Practice and maintain good posture at all times.
7. Students are not allowed to go out of the hospital compound for their snacks/meals.
8. Bringing in prepared foods should only be eaten at the designated places.
9. Allowed time for snacks is 15 minutes and 30 minutes for mealtime in any given shift.
10. Students must observe humility, tactfulness, and respect when dealing with others. Always observe the Code of Ethics for Nurses and practice the Golden Rule in everyday life.
11. Students must wear the prescribed uniform at all times with dignity and respect and should be worn only in the school and hospital premises.
12. Students are not allowed to entertain visitors while on duty. Should an emergency occur where an immediate member of the family is involved, permission from the clinical instructor must be sought first and accomplish a hospital visitation form.
13. Gambling, smoking, and drinking of alcoholic beverages and drug use are strictly prohibited.
14. In case of emergency, the units telephone may be used with permission from the staff and the clinical instructor. Otherwise, use of the units telephone is not allowed.
15. Promptness at all times, in all occasions and in any setting must be observed .
16. Students must strictly adhere to the hospital/community/school policies, rules and regulations.
17. Students should not loiter around while in school premises. These preceding guidelines of professional decorum are not limited to as written. Other guidelines for social norms and general behaviour are written in the Lorma Colleges Student Handbook and must strictly be observed.

B. Classroom (pg. 16)

1. The students are required to wear the prescribed college uniform in the given day.
 Monday/Thursday – institutional uniform with blue slacks
 Tuesday/Friday – clinical uniform (without apron for females) with black shoes; white polo and dark blue slacks pants for males
 Wednesday/Saturday – departmental shirt with blue slacks pants plus black shoes
2. The students should strictly comply with the policies stated above, in terms of punctuality, attendance, compliance to the requirements, etc.
3. Every semester, there are three major examinations, namely Prelims, Midterms and Final Examinations.
4. Any forms of misconduct like cheating, behaviors, etc. will be subjected to disciplinary action.

NOTE: Students are advised to read the student handbook from pages 8 – 20. Any amendments to the student handbook and/or new issued policies, rules and regulations the administration and the college deemed necessary, shall be applied automatically to the student/s currently enrolled in the college.

15. CONSULTATION HOURS

Name of Instructor	Day	Time
BALINAO, Arnelle L.	Wednesday	9:00am – 12:00nn

Course Title	Date Effective	Date Revised	Prepared by	Checked by	Reviewed by	Noted By	Recommending Approval	Approved by
NCM 114 Care for the Older Adult	1 st Semester School year 2021 - 2022	August 19,2021	Arnelle L. Balinao, MAN Instructor	Edwin N. Aljentera, MAN Head Level III	Aurelio M. Mañego, MAN Member, OBE Committee	Teresita A. Ferrer, MAN Assistant Dean, Academics	Marites C. Pagdilao, MAN, MPA Dean, College of Nursing	Pacita G. Apilado, Ed. D, Executive Director of Academic Affairs